

The next Caring Dads Programme in your area

Begins: Tuesday 9th June

then continues every Tuesday evening
until Tuesday 13th October 2015.

Time: 6.30 - 8.30pm

Venue: The Priory Centre, Priory Plain,
Gt Yarmouth, Norfolk NR30 1NW

You will also be required to attend two pre-group meetings with the Programme facilitators, of which one will be with your referrer, to ensure this programme is suitable for you. There will also be a final meeting with you and your referrer at the end of the group.

The Caring Dads Programme was devised in 2001 by Changing ways in Canada. It has been developed and implemented in UK by the London Probation Trust under licence since 2005. MensCraft are working with RISE to develop the pilot programme in Norfolk in partnership with the Norfolk Domestic Abuse & Sexual Violence Board and the support of the Liberty Project.

This programme has been funded by the Norfolk Safer Communities Fund with additional support from the Police and Crime Commissioner.

MensCraft is a local community interest company working for the development and well-being of men and boys. Our aims include promoting positive masculinity and gender equality. Please see our website for more information about us and the other work we do.

CARING DADS

— NORFOLK —

Concerned that your
relationship with your
child is not as close as
you hoped it would be?

Sometimes wonder how well
you know your child?

Concerned about the level of discipline
you think you need with your child?

**The Caring Dads programme is a child-centred
fathering programme helping fathers value
their children.**



Caring Dads Norfolk Project Coordinator:
Andy Wood

(01603) 627074 and 07584 253 441
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MensCraft
Working for mens development
and well being
www.menscraft.org.uk

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RISE  **TRANSFORMING
LIVES**

The Caring Dads Programme

runs one evening a week for 18 weeks and provides:

- A unique opportunity for a group of 10 – 12 men to connect as fathers.
- Active group discussion, exercise and some things to work on between sessions

It aims to improve fathers' relationship with their children and family, and to better understand children's development and needs.

Some of the topics explored include:

- Building relationships with your children through child-centred fathering
- Stages of child development – what to expect
- Responding to children's needs
- Positive communication
- Working together with children's mother
- Problem solving in difficult situations & managing frustration
- Alternatives to punishment
- Recognising unhealthy, hurtful, abusive and neglectful behaviours
- Effect on children of exposure to the abuse of their mother
- Rebuilding trust and healing

Fathers can and want to be a positive influence in their children's lives.

When they are, they enhance their children's academic, social and personal development. Dads can also have a negative impact.

This happens when they:-

- Do not understand children's needs and feelings
- Harshly discipline their children
- Argue frequently with their children's mothers
- Use abuse, neglectful and controlling behaviours

Caring Dads identifies your strengths as a parent and helps you to develop strategies to change abusive or neglectful behaviours. It will provide you with opportunities to make positive changes in your parenting.

The Caring Dads Programme is for you if:

- You want to improve your relationship with your child/children
- You are the father, or play a fathering role, to at least one child aged under 17
- You have regular contact with at least one child
- You or your child/children has an allocated social worker or other lead professional.



As part of the programme ongoing contact will be made with your child's mother and social worker (or lead professional who referred you.)

The Programme does share information with other agencies as necessary, eg Social Services, the police, Probation, CAFCASS, contact centres.

We don't make assessments about child contact arrangements, but we will write a report about your attendance and participation in the group.

For details of the next course in your area please turn over.

For more information speak to your referrer or contact the programme directly:

CONTACT ANDY WOOD:

(01603) 627074

07584 253 441

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MensCraft

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(Company Number: 07384100)

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or you can contact us (Andy) directly on

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