

Hilltop 2025 - residential visit information

Dear parent/carer,

Following on from the information event held in school, please find below a reminder of the key information regarding the Year 6 residential trip to Hilltop Outdoor Centre from **Wednesday 19th March 2025 to Friday 21st March 2025**.

Rationale:

We will be taking Year 6 children to Hilltop as an extension of our school-based curriculum, which includes Geography and PE.

It is an ideal way of meeting the objectives of these aspects of the curriculum in a real-life, fun and practical way, and is also an opportunity for the children to develop a sense of independence and responsibility away from home.

What we do there:

There will be a selection of activities completed while we are at Hilltop. The final list for our 2025 visit will be released later in the autumn term. The activities may include: low ropes, high ropes, assault course, abseiling, archery, big zipper, mountain biking, team tasks, high ropes and a Coastal trip.

Itinerary

Day 1:

Morning - Children arrive at school at normal time. Meet in the hall with luggage. Hand-in medication with completed information. Leave about 10:30am. Arrive at Hilltop at about 11:30am. Settle in, fire drill, tour.

Afternoon - After lunch divide into groups. Complete first activities. Dinner and evening activities.

Day 2:

Morning - Breakfast. 2nd activity. Lunch.

Afternoon - 3rd activity. Dinner and evening activities.

Day 3:

Morning - Breakfast. 4th activity. Lunch.

Afternoon - Depart around 1:30pm. Arrive at school at approx. 2:30pm.

We will keep you updated if these timings change.

Food

Hilltop will provide...

Wednesday: Dinner - then hot chocolate and a biscuit before bed!

Thursday: Breakfast, lunch and dinner - then hot chocolate and a biscuit before bed!

Friday: Breakfast and lunch

Children require a packed lunch for the first day. A school packed lunch can be arranged if ordered in advance.

Children **MUST** bring their own refillable water bottles to Hilltop. There is always drinking water readily available to refill from water fountains.

Sleeping arrangements

The largest bedroom has 10 beds. The smallest has 2 beds. The majority have 3 - 6 beds. All bedrooms are clearly marked, with girls and boys accommodated separately - children are guaranteed at least one friend in their dormitory (they will select their 4-5 most preferred companions in the spring). Specific sleeping needs will be taken into account. Facilities are close to hand for all bedrooms

Staff bedrooms are spread around the building, there is a staff bedroom close to all the children's bedrooms.

Clothing

We will give out a full kit list closer to the time - the most important thing is to bring lots of layers! Bring your own towel and sleeping bag (or duvet, cover, pillow case and sheet if preferred) - pillows are provided.

Pocket Money

We have an option of running a gift shop one evening where children can buy a souvenir, with most items being under £3.00. The maximum amount children can bring is £5.00; which will be safely held by staff for children until it is required.

Individual needs

Medical and dietary forms will be given out closer to the time. Salhouse staff will be in charge of giving out medication during the trip.

Cost

The cost of this residential visit is **£292.20** (inclusive of VAT, travel, meals, accommodation and all activities - including an excursion in the local area). We understand that this is a large sum to pay, so this has been broken into more manageable instalments.

Key Payment Dates

Deposit - £40 by Monday 4th November 2024. This will secure your child's place.

The remaining £252.20 will then need to be paid BEFORE your child gets on the bus to leave for Hilltop on **Wednesday 19th March 2025**.

There is an option to part-pay this sum, in as many instalments as you wish, until the balance is settled.

As a guide, the below are *SUGGESTED* payment dates (following the initial deposit) which you *MAY* which to use:

- Monday 2nd December 2024 - £63.05 (£189.15 left to be paid)
- Monday 6th January 2025 - £63.05 (£126.10 left to be paid)
- Monday 3rd February 2025 - £63.05 (£63.05 left to be paid)
- Monday 3rd March 2025 - £63.05 (Balance settled)
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Remember: you can pay ANY amount of the balance at ANY time.

Please also be advised that should we not attract the numbers to make this viable, we may need to cancel the trip.

If you would like your child to go on this trip, please endeavour to make the initial deposit payment AND complete/return the Parental Consent and Information form (Form F) below; your child's GP will be able to provide their NHS number and date of last tetanus vaccination.

Should you have any questions or concerns about the payments, please speak to your child's class teacher, a member of office staff or Mr Emmens

With thanks for your support,

Mr Will Emmens
Head of School/visit leader



PARENTAL CONSENT & PERSONAL INFORMATION

F



(Treated as Confidential Once Completed)

Please complete each section of this form in full and return it to your Group Leader

Group Name: _____ Date of Visit: _____

Child's Personal Details

Child's Name: _____ Sex: _____ Date of Birth: _____

Doctors Name, Address & Phone number: _____

National Health Number: _____ Date of last Tetanus vaccination: _____

Name & Address of person to contact in an **emergency**: _____

Telephone Number of person to contact in an **emergency**: _____

Name, Address & Phone Number of Parent/Guardian (if different to above) _____

Dietary requirements please tick relevant boxes below (*Halal and Pescatarian diets will be catered as vegetarian*)

Vegetarian **Vegan** **Diabetic** **Coeliac** **Other Restrictions** please specify below: _____

Does your child have a Food Allergy or Intolerance: NO YES If YES, you **MUST** complete a **Special Diet Request Form G** and return this with a copy of any relevant Care plan for your child.

Medical Information

Existing ailments can be exacerbated or increase the risk of further injury, some minor physical exertion will result in participating in the course. Please provide specific relevant health or medical information.

Please tick if your child has or currently suffers from any of the following:

Allergies **Asthma** **Back/Neck Problems** **Diabetes** **Epilepsy** **Heart Problems**

Joint Problems **Raised/Low Blood Pressure** **Bone weakening condition** **Other**

Please give more detail if you have ticked any of the above _____

Does your child take medication? Yes / No If YES please state condition _____

Dosage Required: _____

Has a medical doctor advised your child to limit or restrict their physical activity in any way? Yes / No

Are you aware of any other condition that limits your child's ability to take part? Yes / No

If you have answered YES to any of the questions above, please explain _____

In signing this form, you:

1. Agree for information detailed within this form to be shared with Hilltop and third-party sub-contractors Hilltop engage for the purposes of providing the service.
2. Give your consent as the Parent or Guardian for this child to attend the course and to be given first aid and medical assistance as necessary.
3. Ensure the child attending (named above) understands it is not compulsory to attempt the activities.

Hilltop has public liability insurance of £10 million. This does not cover you for loss or damage to personal property or personal injury. Hilltop pays particular attention to safety but as with all outdoors activities there is a small inherent risk of minor injury. We advise you to confirm with the leader of your group that they have organised adequate insurance cover for this type of event including cancellation and curtailment cover.

Signed by Parent/Guardian: _____ Date: _____

Print name Parent/Guardian: _____

Group Leader to ensure this form is fully completed, information within this needs collating onto the Hilltop collated Medical (Form C) and Dietary forms (Form D) before sending to Hilltop. This form needs to be in the possession of the group leader for the duration of the visit.